# **Report on National Youth Day & Thalassemia Awareness Program**

Organized by: NSS Units, Raidighi College Date: January 20, 2025 Chief Guest: Malay Kumar Das (Empty Lab, Raidighi Rural Hospital) Collaborating Organization: Amra Rakta Yoddha (Local NGO) Number of Participants: 80+ Volunteers

### Introduction

Raidighi College, through its **NSS Units**, successfully organized the **National Youth Day** celebration on **January 20, 2025**, focusing on a **Thalassemia Awareness Program**. This event was dedicated to commemorating **Swami Vivekananda's birth anniversary**, a day that embodies the spirit of youth empowerment and social responsibility. The program aimed to educate students and the community about **Thalassemia**, a critical yet often overlooked health condition, while promoting **awareness**, **early detection**, **and preventive measures**.

## **Event Proceedings**

• Inauguration & Welcome Address:

The event began with a welcome speech by the NSS Coordinator of Raidighi College, highlighting the significance of **National Youth Day** and the **importance of health awareness** in youth welfare.

#### • Speech by Chief Guest:

The keynote speaker, **Mr. Malay Kumar Das**, from **Empty Lab**, **Raidighi Rural Hospital**, delivered an insightful presentation on **Thalassemia – its causes**, **symptoms**, **transmission**, **and management**. He elaborated on the role of genetic screening in preventing this disorder and how it impacts families and communities.

#### • Collaboration with "Amra Rakta Yoddha":

Representatives from the local NGO, **Amra Rakta Yoddha**, joined hands with the NSS Units to **spread awareness and offer free Thalassemia screening tests** for students and volunteers. Their active participation helped in **disseminating knowledge on blood donation, genetic counseling, and medical support for Thalassemia patients**.

#### • Interactive Session:

The session encouraged students and faculty to engage in an interactive discussion where queries regarding Thalassemia, blood donation myths, and preventive healthcare were addressed. The emphasis was laid on premarital genetic testing and awareness campaigns in rural communities.

### • Volunteer Participation:

More than **80 NSS volunteers actively contributed** to organizing and managing the event, ensuring smooth coordination. The volunteers also took part in **group discussions, poster presentations, and skits** to convey the message more effectively.

# Key Takeaways & Impact

- Enhanced awareness about Thalassemia, its prevention, and early diagnosis among students and faculty.
- Encouraged **youth participation in healthcare initiatives** and responsible social engagement.
- Strengthened Raidighi College's collaboration with healthcare professionals and NGOs, paving the way for future medical awareness programs.
- Inspired students to take **Swami Vivekananda's ideals** of service and responsibility towards community well-being.

## Conclusion

The National Youth Day celebration at Raidighi College was a resounding success, combining youth empowerment and health awareness in a meaningful way. The NSS Units, in collaboration with "Amra Rakta Yoddha", effectively conducted an informative and action-driven program, leaving a lasting impact on participants. The college looks forward to continuing such initiatives to educate and empower its students for a healthier and more informed future.













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